

Attend Today, Achieve Tomorrow



#schooleveryday

Parents/Guardians,

Did you know that attendance matters as early as kindergarten? Studies show that children who miss too many days of school will struggle academically, both now and in the future.

Here's how you can help:

Although some absences are unavoidable because children sometimes get sick and need to stay home, the important thing is to get your children to school as often as possible.

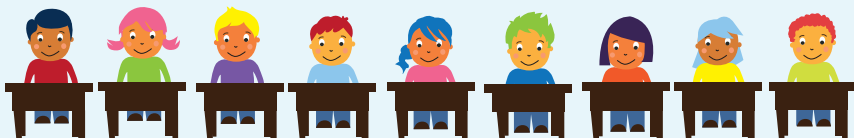
To keep your child from missing school, try to line up vacations and doctor's appointments with the school's schedule.

For younger children, set a regular bedtime and morning routine. Make sure they get 9-11 hours of sleep and consider laying out clothes and packing backpacks at night.

For older children, help them set homework and bedtime routines that allow for 8.5-9.5 hours of sleep. When the lights are off, phones, video games, and computers should be also.

Above all, set an example by showing your child that attendance matters to you and that you won't allow an absence unless someone is truly sick.

Good attendance now will help your children do well in high school, in college, and at work!



ATTENDANCE CHALLENGE

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Students, see if you can go to school every day for a whole month!

If your Pre-K to 5th-grade class has 100% attendance this September, it may be randomly selected to receive:

- ★ A class celebration and
- ★ A \$100 gift card for classroom supplies

If you don't have 100% attendance, keep trying! A runner-up with 1-3 absences may be randomly selected for:

- ★ A class celebration and
- ★ A \$50 gift card for classroom supplies

BROUGHT TO YOU BY:



Mobile County
PUBLIC SCHOOLS



United
Way
Women's
Leadership
Council



United Way
of Southwest Alabama



AIRBUS

TO REGISTER, YOUR TEACHER WILL NEED TO CONTACT LAURIE CHILDERS,
LCHILDERS@UWSWA.ORG OR 251-433-3624, AT UNITED WAY OF SOUTHWEST
ALABAMA BY FRIDAY, OCTOBER 2, 2015.