

The Center for Supportive Schools (CSS, formerly the Princeton Center for Leadership Training) provides student leadership programs that have been rigorously evaluated in multiple school settings by research organizations, university researchers, and independent evaluators. Findings consistently demonstrate that CSS's approach to utilizing older students to provide support and team-mentoring to younger students has a direct and positive impact on school improvement.

Specifically, findings show that CSS's Peer Group Connection (PGC) program improves students' academic, social, and emotional skills, and results in improved grades, better attendance, fewer discipline referrals, less fighting, and, ultimately, more students completing high school.

HIGH SCHOOL COMPLETION

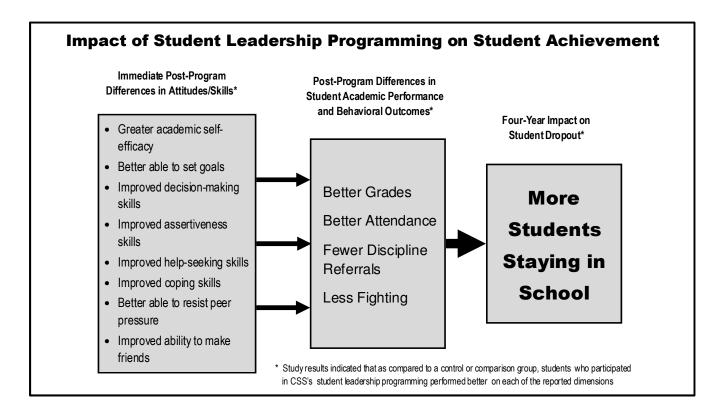
The results of a four-year longitudinal study indicate that PGC has a significantly positive impact on *keeping students in school.* Results showed that a significantly higher percentage of students who participated in the program (77%) as compared to the percentage of students in the control group (68%) completed high school in four years (Johnson, Simon, & Mun, 2014). The results are even more dramatic when comparing the percentage of male students from the program group (81%) to the percentage of male students in the control group (63%) who completed high school in four years (Johnson, Simon, & Mun, 2014).

ACHIEVEMENT & BEHAVIORAL OUTCOMES: GRADES, ATTENDANCE, DISCIPLINE, AND FIGHTING

Results also show that as compared to students in a control or comparison group, PGC participants *outperformed their peers in four academic subjects* - English, social studies, math, and science (School District of Philadelphia, 1995); demonstrated *higher overall grades (*Hannaway & Senior, 1989); had *fewer instances of fighting* (Johnson, Pandina, & Bry, 2008); better attendance (Hannaway & Senior, 1989; Johnson, Mun, & Pandina, 2008); and *fewer discipline referrals* (Bry, Johnson, Chiong, & Urga, 2005; Hannaway & Senior, 1989).

SKILLS: ACADEMIC, SOCIAL, AND EMOTIONAL

As compared to a control or comparison group, the younger students who are the recipients of support from older peers score significantly higher on measures of *academic self-efficacy* (Johnson, Pandina, Bry, Powell, & Barr, 2006) and on measures that assess students' ability to *set goals* (Johnson, Mun, & Pandina, 2008); *make responsible decisions* (Johnson, Mun, & Pandina, 2008); *assert themselves* (Bry, Johnson, Chiong, & Urga, 2005); *seek help* (Johnson, Mun, & Pandina, 2008; Johnson, Pandina, & Bry, 2008); *cope with problems* (Bry, Johnson, Choing, & Urga, 2005; Johnson, Pandina, & Bry, 2008); *resist peer pressure* (Johnson, Mun, & Pandina, 2008; Johnson, Pandina, & Barr, 2005); and *make friends* (Johnson, Holt, Bry, & Powell, 2008). The diagram below summarizes the impact of CSS's student leadership programming on student achievement.



REFERENCES

Bry, B., Johnson, V., Chiong, A., & Urga, P. (2005). Effects of an Enhanced, Peer-led Group Freshman Prevention Program on Urban High School Students: A Pilot Study. Poster presented at the Society for Prevention Research annual conference, Baltimore, MD.

Hannaway, J., & Senior, A.M. (1989). An Evaluation of the Peer Leadership Training Program: An Examination of Students' Attitudes, Behavior and Performance. Report published by Education Testing Service (ETS), Princeton, NJ.

Johnson, V., Holt, L., Bry, B. & Powell, S.R. (2008). *Effects of an Integrated Prevention Program on Urban Youth Transitioning into High School.* Journal of Applied School Psychology, 24 (2), 225-246.

Johnson, V., Mun, E.Y., & Pandina, R. (2008). A Longitudinal Evaluation of a Peer-Led Transition Program in a Predominantly Latino High School. Poster presented at the biennial meeting of the Society for Research on Adolescence, Chicago, Il.

Johnson, V., Pandina, R., Bry, B., Powell, S., & Barr, S. (2006). *Lessons Learned from a Peer-led High School Transition Program Delivered in an Inner-City School: Findings from a Pilot Year.* Poster presented at the Annual Meeting of the Society for Prevention Research, San Antonio, TX.

Johnson, V., Pandina, R., & Bry, B. (2008). *A Peer-led Prevention Program Delivered to a Predominately Hispanic High School.* Poster presented at the Society for Prevention Research annual conference, San Francisco, CA.

Johnson, V., Simon, V. & Mun, E. (2014). A peer-led high school transition program increases graduation rates among Latino males. *The Journal of Educational Research*, 107 (3), 186-196.

School District of Philadelphia. (1995). The William Penn Foundation Report on the Implementation of the Peer Group Connection in Philadelphia High School Small Learning Communities. Report published by the School District of Philadelphia, Philadelphia, PA.